



K-8 Cold Lunch

January 2026

Monday Tuesday Wednesday Thursday Friday

Monday, January 5

Sunbutter & Jelly Sandwich - 1 ea
String Cheese - 1 ea
Baby Carrots - 4 fl oz
Celery Sticks - 2 fl oz
Orange Slices - 4 ea

Tuesday, January 6

Mediterranean Chicken Salad - 3 fl oz
WG Pita - 1/2 ea
Celery Sticks - 4 fl oz
Cherry Tomatoes - 2 fl oz
Strawberry Applesauce Cup - 1 ea

Wednesday, January 7

Tex Mex Rice & Bean Salad - 8 fl oz
Baked Chicken - 2 oz
Corn Salad - 4 fl oz
Pineapple - 4 fl oz

Thursday, January 8

Mini Cheddar Slices - 6 ea
Deli Turkey - 1 ea
ZeeZee's Wheat Crackers - 1 ea
Broccoli - 4 fl oz
Lemony Chickpea Salad - 2 fl oz
Apple Slices - 4 ea

Friday, January 9

Crispy Buffalo Chicken Wrap - 1 ea
Cucumber Slices - 4 fl oz
Cherry Tomatoes - 2 fl oz
Melon - 4 fl oz

Monday, January 12

Turkey & American Cheese Sandwich - 1 ea
Corn Salad - 4 fl oz
Pickle Chips - 2 fl oz
Applesauce - 4 fl oz

Tuesday, January 13

Red Bean Pasta Salad - 8 fl oz
Garlic Herb Breadstick - 1 ea
Celery Sticks - 4 fl oz
Cherry Tomatoes - 2 fl oz
Pear Slices - 4 ea

Wednesday, January 14

Ranch Chicken Wrap - 1 ea
Baby Carrots - 4 fl oz
Lemony Chickpea Salad - 2 fl oz
Apple Slices - 4 ea

Thursday, January 15

Vanilla GrowYo - 4 fl oz
Blueberry Bread - 2 ea
Broccoli - 4 fl oz
Baby Carrots - 2 fl oz
Melon - 4 fl oz

Friday, January 16

Pizza Muffin - 2 ea
Cucumber Slices - 4 fl oz
Marinara Sauce - 2 fl oz
Fruit Salad CP - 4 fl oz

Monday, January 19

Cajun Chicken - 2 oz
WG Hamburger Bun
Celery Sticks - 4 fl oz
Baby Carrots - 2 fl oz
Applesauce - 4 fl oz
Mayo Packet

Tuesday, January 20

Sunbutter & Jelly Sandwich - 1 ea
String Cheese - 1 ea
Baby Carrots - 4 fl oz
Celery Sticks - 2 fl oz
Appleberry Sauce - 4 fl oz

Wednesday, January 21

Greek Vegetarian Wrap - 1 ea
Broccoli - 4 fl oz
Red Pepper Strips - 2 fl oz
Pear Slices - 4 ea

Thursday, January 22

Chicken Salad - 3 fl oz
ZeeZee's Wheat Crackers - 1 ea
Cucumber Slices - 4 fl oz
Red Bean Salad - 2 fl oz
Melon - 4 fl oz

Friday, January 23

Turkey & Mozzarella Cheese Sandwich - 1 ea
Jicama - 4 fl oz
Cucumber Slices - 2 fl oz
Fruit Salad HP - 4 fl oz
Mustard & Mayo Packet

Monday, January 26

Strawberry GrowYo - 4 fl oz
Banana Muffin - 1 ea
String Cheese - 1 ea
Baby Carrots - 4 fl oz
Celery Sticks - 2 fl oz
Orange Slices - 4 ea

Tuesday, January 27

Greek Chicken - 2 oz
Elbow Pasta Salad - 6 fl oz
Baby Carrots - 4 fl oz
Italian Chickpea Salad - 2 fl oz
Pear Slices - 4 ea

Wednesday, January 28

Turkey & Cheddar Cheese Sandwich - 1 ea
Cucumber Slices - 4 fl oz
Cherry Tomatoes - 2 fl oz
Apple Slices - 4 ea
Mustard Packet

Thursday, January 29

Chipotle Chicken Wrap - 1 ea
Corn Salad - 4 fl oz
Black Beans - 2 fl oz
Melon - 4 fl oz

Friday, January 30

Garlic Herb Cheese Pizza - 1 ea
Broccoli - 4 fl oz
Marinara Sauce - 2 fl oz
Fruit Salad CP - 4 fl oz

WG = Whole Grain

Fruit Salad CP/HP/CH = Cantaloupe & Pineapple, Honeydew & Pineapple, Cantaloupe & Honeydew

*Two types of milk are offered with each meal

**This institution is an equal opportunity provider



K-8 Hot Lunch

January 2026

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Monday, January 5

Beef Hot Dog
Veggie Dog
 WG Hot Dog Bun
 Steamed Carrots - 4 fl oz
 Celery - 2 fl oz
 Orange Slices - 4 ea
Ketchup & Mustard Packet

Monday, January 12

Beef Burger
 w/ American Cheese
Veggie Burger
 WG Hamburger Bun
 Sweet Corn - 4 fl oz
 Pickle Chips - 2 fl oz
 Applesauce - 4 fl oz
Ketchup & Mustard Packet

Monday, January 19

Buffalo Chicken Thigh - 2 oz
Veggie Burger
 WG Hamburger Bun
 Green Beans - 4 fl oz
 Baby Carrots - 2 fl oz
 Applesauce - 4 fl oz

Monday, January 26

Turkey Chorizo Quesadilla - 1 ea
 Corn Salad - 4 fl oz
 Red Pepper Strips - 2 fl oz
 Orange Slices - 4 ea

Tuesday, January 6

WG Chicken Nuggets - 5 ea
GF/DF/EF Veggie Nuggets
 WG Bread Slice - 1 ea
 Green Beans - 4 fl oz
 Cherry Tomatoes - 2 fl oz
 Strawberry
 Applesauce Cup - 1 ea
Ketchup Packet

Tuesday, January 13

Pizza Margherita - 1 ea
 Celery - 4 fl oz
 Red Bean Salad - 2 fl oz
 Pear Slices - 4 ea

Tuesday, January 20

WG Chicken Nuggets - 5 ea
GF/DF/EF Veggie Nuggets
 WG Bread Slice - 1 ea
 Steamed Carrots - 4 fl oz
 Celery - 2 fl oz
 Appleberry Sauce - 4 fl oz
Ketchup Packet

Tuesday, January 27

Peri Peri Chicken - 2 oz
Peri Peri Tofu
 Arroz Verde - 6 fl oz
 Carrot Coins - 4 fl oz
 Black Beans - 2 fl oz
 Pear Slices - 4 ea

Wednesday, January 7

WG Pasta - 6 fl oz
 Marinara Sauce - 3 fl oz
 Mozzarella Cheese - 1.5 oz
 Peas - 4 fl oz
 Lemony Chickpea Salad - 2 fl oz
 Pineapple - 4 fl oz

Wednesday, January 14

Mojo Chicken - 2 oz
Greek Lentils w/ Brown Rice
 WG Pita - 1/2 ea
 Steamed Carrots - 4 fl oz
 Lemony Chickpea Salad - 2 fl oz
 Apple Slices - 4 ea

Wednesday, January 21

WG Elbow Noodles - 6 fl oz
 Homemade
 Cheese Sauce - 4 fl oz
 Broccoli - 4 fl oz
 Red Bean Salad - 2 fl oz
 Pear Slices - 4 ea

Wednesday, January 28

WG Pasta - 6 fl oz
 Tomato Cream Sauce - 3 fl oz
 Mozzarella Cheese - 1.5 oz
 Garlic Herb Breadstick - 1 ea
 Squash Medley - 4 fl oz
 Cherry Tomatoes - 2 fl oz
 Apple Slices - 4 ea

Thursday, January 8

BBQ
 Chicken Drumsticks - 2 ea
Southern Lentils
 Rice Pilaf - 6 fl oz
 Broccoli - 4 fl oz
 Red Beans - 2 fl oz
 Apple Slices - 4 ea

Thursday, January 15

WG Pasta - 6 fl oz
 Marinara Sauce - 3 fl oz
 Mozzarella Cheese - 1.5 oz
 Broccoli - 4 fl oz
 Baby Carrots - 2 fl oz
 Melon - 4 fl oz

Thursday, January 22

Kung Pao Chicken - 2 oz
Kung Pao Tofu
 (not so) Fried Rice - 6 fl oz
 Peas & Carrots - 4 fl oz
 Edamame - 2 fl oz
 Melon - 4 fl oz

Thursday, January 29

Three Bean Chili - 4 fl oz
 Shredded Cheddar - 0.5 oz
 Cornbread - 1 ea
 Roasted Potatoes - 4 fl oz
 Cucumbers Slices - 2 fl oz
 Melon - 4 fl oz

Friday, January 9

Red Chicken Pozole - 8 fl oz
Red Vegetarian Pozole
 WG Tortilla Chips - 10 ea
 Cabbage - 4 fl oz
 Baby Carrots - 2 fl oz
 Cantaloupe - 4 fl oz
Ketchup Packet

Friday, January 16

Fajita Chicken - 1.5 oz
Fajita Tofu
 Mozzarella Cheese - 0.5 oz
 WG Hoagie Bun
 Sautéed Fajita Peppers - 4 fl oz
 GF/DF/EF Coleslaw - 2 fl oz
 Fruit Salad CP - 4 fl oz

Friday, January 23

Scrambled Eggs - 3 Tbsp
 WG Pancakes - 2 ea
 Hashbrowns - 4 fl oz
 Cucumber Slices - 2 fl oz
 Fruit Salad HP - 4 fl oz
Breakfast Syrup

Friday, January 30

Nashville Hot Chicken Patty
Veggie Burger
 WG Hamburger Bun
 Broccoli - 4 fl oz
 Red Bean Salad - 2 fl oz
 Fruit Salad CP - 4 fl oz

WG = Whole Grain

Fruit Salad CP/HP/CH = Cantaloupe & Pineapple, Honeydew & Pineapple, Cantaloupe & Honeydew

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A la Carte Lunch

January 2026

Monday Tuesday Wednesday Thursday Friday

<u>Monday, January 5</u> Turkey & Swiss Sandwich Caesar Salad w/ Chicken	<u>Tuesday, January 6</u> Hummus Veggie Wrap Garden Salad	<u>Wednesday, January 7</u> Caesar Vegetarian Wrap BBQ Chicken Sandwich Caesar Salad w/Chicken	<u>Thursday, January 8</u> Ranch Chicken Wrap Southwest Salad w/ Chicken Sunbutter & Jelly Sandwich	<u>Friday, January 9</u> Turkey & Swiss Sandwich Garden Salad
<u>Monday, January 12</u> Turkey & Swiss Sandwich Caesar Salad w/ Chicken	<u>Tuesday, January 13</u> Hummus Veggie Wrap Garden Salad	<u>Wednesday, January 14</u> Caesar Vegetarian Wrap BBQ Chicken Sandwich Caesar Salad w/Chicken	<u>Thursday, January 15</u> Ranch Chicken Wrap Southwest Salad w/ Chicken Sunbutter & Jelly Sandwich	<u>Friday, January 16</u> Turkey & Swiss Sandwich Garden Salad
<u>Monday, January 19</u> Turkey & Swiss Sandwich Caesar Salad w/ Chicken	<u>Tuesday, January 20</u> Hummus Veggie Wrap Garden Salad	<u>Wednesday, January 21</u> Caesar Vegetarian Wrap BBQ Chicken Sandwich Caesar Salad w/Chicken	<u>Thursday, January 22</u> Ranch Chicken Wrap Southwest Salad w/ Chicken Sunbutter & Jelly Sandwich	<u>Friday, January 23</u> Turkey & Swiss Sandwich Garden Salad
<u>Monday, January 26</u> Turkey & Swiss Sandwich Caesar Salad w/ Chicken	<u>Tuesday, January 27</u> Hummus Veggie Wrap Garden Salad	<u>Wednesday, January 28</u> Caesar Vegetarian Wrap BBQ Chicken Sandwich Caesar Salad w/Chicken	<u>Thursday, January 29</u> Ranch Chicken Wrap Southwest Salad w/ Chicken Sunbutter & Jelly Sandwich	<u>Friday, January 30</u> Turkey & Swiss Sandwich Garden Salad

All sandwiches and wraps are served on whole grain bread/tortilla
Fruit and two types of vegetables offered with each meal

*Two types of milk offered with each meal

**Fruit and two types of vegetables offered with each meal

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